

Press Release

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Wheelworx Naas Duathlon (March)- Report & Results

NAAS, IRELAND, MARCH 14TH, 2010: The spring sunshine was out for the second race of a three race series in the Wheelworx Naas Duathlon in Punchestown Race Course on Sunday. Adam Speer set about repeating his win from the first race in the Naas Duathlon series, but Kevin Donagher used his bike racing skills to pull away on the bike. A big improvement from 6th place in the first Duathlon. Bronagh ni Bhriain added yet another win in the women's race.

Nearly 200 athletes enjoyed the facilities of Punchestown on the day. The race consisted of a 3.5 km run around the racetrack followed by a 20k cycle to Blessington and back, finishing with another lap of the race course and a dramatic finish under the grand stand.

The first Race of the Naas Triathlon Club race series is traditionally in January & has been one of the first races of the triathlon season since it's inception in 2007. A second race follows in February, with the final race in March. However due to adverse weather in February that race has been postponed until Good Friday on 2nd of April. This means people still have the opportunity to enter the the April race. The duathlon races held in Punchestown are a crucial part of a tri-athletes preparation for the season as well as a chance for new comers to the sport, who may not be confident swimmers, to dip a toe in the proverbial water without having to get wet. Further information on the race and photos of all the participants are available on IrishTriathlon.com.

Podium Results

	Men	Women
1st	Kevin Donagher (Belpark)	Bronagh ni Bhriain (Wheelworx/Piranha)
2nd	Adam Speer (Tri 24/7)	Mary Daly (Midland Triathlon Club)
3rd	Gavin Crawford (Tri 24/7)	Aoife O'Connor

